

F Y R

2 COURSE **£26.50**

3 COURSE **£32**

SERVED FROM **12.30PM – 2.30PM**

TO START

Classic prawn cocktail *370kcal*
creamy marie rose sauce with a touch of brandy, wholemeal bread

Today's soup *213kcal average*
baked More? sourdough bread and smoked butter (v)

Beets, blood orange and fennel salad *114kcal*
toasted walnuts and Carlisle gin dressing

Pressed terrine of Cumbrian game *705kcal*
piccalilli purée, treacle loaf

MAINS

Roast aged sirloin of British beef *698kcal*
Yorkshire pudding and beef gravy

Seared Scottish salmon *362kcal*
buttered spinach and hollandaise sauce

Roasted Cumbrian chicken breast *678kcal*
Yorkshire pudding, sage and onion stuffing with pan gravy

Baked cheddar and chive soufflé *1119kcal*
white wine cream

All served with roast potatoes, cauliflower cheese and maple roasted vegetables

PUDDING

Jen's famous sticky toffee pudding *673kcal*
butterscotch sauce, vanilla ice cream

Spiced apple crumble *462kcal*
clotted cream ice cream

Platter of British cheeses *449kcal average*
with celery, grapes, Peters Yard crackers and chutney

Selection of artisan ice creams and sorbets *228kcal*
vanilla, double chocolate, red cherry, clotted cream

LITTLE EXTRA TREATS

Mashed potato **£3pp**

Seasonal greens **£3pp**

Yorkshire puddings **£1.25pp**

Pigs in blankets **£3.25pp**